

Planning des cours du mois d'Avril

PLANNING COURS ETE 2017 FORM AX E CIBLE

DU 03/07/2017 AU 03/09/2017

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
09h45/10h30 Body Sculpt		09h45/10h30 Bike		09h45/10h30 CAF
18h45/19h30 Ubound	18h45/19h30 CAF	18h45/19h30 Intervall Training	18h45/19h30 Pump	18h45/19h30 Body Sculpt
19h30/20h15 Pump	19h30/20h15 Bike	19h30/20h15 Pump	19h30/20h15 Ubound	19h30/20h15 Bike

Permanences :Lundi Mercredi Vendredi 10h30/12h00-17h30/19h30

Mardi Jeudi 17h30/19h30

Samedi 10h00/12h00